

Glenbriar Fitness Center Rules and Regulations

750 Kappock Street Apartment Corp.,

Bronx, N.Y. 10463

FITNESS CENTER SCHEDULE:

The Center will be open 365 days per year from 5:00 am – 11:30 pm, Glenbriar has the right to close the center at any time for plumbing, cleaning, flood, and other emergency building repairs and for occasional Board and building meetings. Advance notice of closings will be posted whenever possible.

REGULATIONS:

The Fitness Center is to be used only by members who have paid their annual fee and as follows:

- Children under the age of 18 are not permitted in the Fitness Center unless accompanied by an authorized parent or guardian age 21 or older present and supervising at all times.
- Children under the age of 14 are not permitted to use the equipment under any circumstances.
- Guests are not permitted.
- Pets (except service dogs) are not permitted into the Fitness Center at any time.
- Cell Phone use is not permitted in the Fitness Center.
- Food is not permitted in the Fitness Center.
- Beverages may be carried in covered plastic containers only. Glass containers are not permitted. No alcoholic beverages are permitted. If you spill something, you are required to clean it up.
- Headphones are required for all audio equipment.

DRESS CODE:

Proper workout attire is to be worn at all times. Shirts are required at all times. No jeans, work shirts, ragged or loose clothing are permitted. (These items could get caught on workout equipment and cause injury.) Proper athletic footwear (sneakers) must be worn. No open toe shoes will be permitted in the Fitness Center.

FITNESS CENTER RULES:

- Disinfectant wipes are available in the Fitness Center. Each member is expected to wipe equipment clean after use as a courtesy to others. At no time shall any equipment be removed from the Health Club.
- Please limit the use of all equipment to 30 minutes of exercise during busy times and/or if there are other members waiting for the equipment.

Glenbriar Fitness Center Rules and Regulations

750 Kappock Street Apartment Corp.,

Bronx, N.Y. 10463

- The Fitness Center equipment should be used only in the manner specified by the directions or as indicated on the equipment. Members shall not move or modify equipment in any matter whatsoever.
- A Member can bring in a licensed personal trainer. However, the trainer may not use the equipment except to demonstrate its use to the Member.
- Do not operate any malfunctioning or broken equipment. If you believe any piece of equipment is not operating properly, please notify the Doorman and/or the superintendent and/or Garthchester Realty immediately.
- Please do not bring valuables to the Fitness Center. 750 Kappock Street Apartment Corp., its Board of Directors, Garthchester Realty, and their respective officers, agents and employees shall not be held liable or responsible in any way for the disappearance, loss, theft or damage to any personal property or for any lost articles in the Fitness Center.

ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY:

Use of the Glenbriar Fitness Center involves inherent risks such as bruises, scrapes, and muscle pulls, along with the risk of more serious occurrences such as heart attacks. Each member shall use the Center's facilities and equipment at his/her own risk.

Except as precluded by law, 750 Kappock Apartments Corp. its Board of Directors, Garthchester Realty, and their respective officers, agents and employees, shall not be liable for any damages from loss or theft, injury or death sustained by the Member on the premises of the Center. By using the Center, each Member hereby releases, discharges, indemnifies, and holds harmless 750 Kappock Apartments Corporation, its Board of Directors, Garthchester Realty, and their respective agents and employees from and against any and all claims, demands, or actions including reasonable attorney's fees, arising out of or in connection with its use of the Center, its facilities and/or equipment. Each member acknowledges that there will be no supervision provided in the Glenbriar Fitness Center. Each member is solely responsible for familiarizing themselves with the operation of all of the equipment in the Fitness Center and determining their own physical limitations at all times.

Glenbriar Fitness Center Rules and Regulations

750 Kappock Street Apartment Corp.,

Bronx, N.Y. 10463

RETURN OF KEYS/ LOST KEYS:

Each Member is entitled to one key card to the Fitness Center. Keys are not transferable and may not be duplicated. Giving your key to a non-member will result in the cancellation of your membership and no fee or portion of any fee will be refunded. Upon expiration or termination of your Membership Agreement, you must return all key cards to the Fitness Center. There will be a \$10 fee to replace each lost key card.

SUSPENSIONS AND/OR TERMINATION:

Access and use of the Fitness Center can be suspended or terminated at any time for violation of the Fitness Center's rules and regulations by any Member in the Corporation's sole and complete discretion. Members may also be subject to suspension if they are delinquent in the payment of any maintenance charges, fees and/or assessments due to the Corporation. Horseplay, ball playing, running or objectionable behavior; loud, boisterous, obscene or offensive language or conduct; or radios in the Fitness Center will not be permitted. The Corporation and its staff reserve the right to ask any Member or trainer to leave the Fitness Center if their actions are deemed unsafe or in violation of Fitness Center policy. The Corporation further reserves the right to revoke a membership without refund if any of the Fitness Center policies are disregarded.

AMENDMENTS:

The Board of Directors reserves the right to alter or amend these rules and regulations at any time without prior notice in order to, among other things, maintain the safe operation of the facility.

MEMBERSHIP RENEWALS:

All memberships will be renewed each year automatically on the anniversary of the Fitness membership unless a member provides written notice of intention not to renew to the Managing Agent at least 30 days in advance. Any increase in fees would take effect on at the time of renewal. The annual membership fee is not refundable. Reasonable advance notice of any increase in fees for the Fitness Center will be given.

Glenbriar Fitness Center Rules and Regulations

750 Kappock Street Apartment Corp.,

Bronx, N.Y. 10463

ALL MEMBERS MUST SIGN AND DATE THIS FORM:

I/We understand, acknowledge, and agree to abide by the terms and rules set forth in this Agreement for the Glenbriar Fitness Center

Print Name:

Signature:

Date:

Name: _____/_____/_____

Name: _____/_____/_____

Name: _____/_____/_____

Name: _____/_____/_____

Name: _____/_____/_____

Name: _____/_____/_____