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## SAFE LAUNDRY PRACTICES

**DO NOT SHAKE DIRTY LAUNDRY:** Not shaking out your items will minimize the possibility of dispersing the virus through the air.

**BE THOROUGH & LAUNDER REGULARLY:** Clothing and bedding should be washed on a regular basis to prevent the spread of infection.

**USE THE RIGHT AMOUNT OF SOAP:** Too much soap creates excess suds that enable dirt and grime to remain trapped inside the fabric. The right amount of soap will properly clean and will then be completely rinsed from the items. If the fabric allows, use bleach to kill germs.

**TAKE SAFETY PRECAUTIONS:** Wear disposable gloves when handling laundry that could potentially be infected and keep soiled items away from your body while loading them.

**THE HOTTER THE BETTER:** CDC guidelines recommend drying the fabric on the highest heat setting applicable to destroy the virus, as well as using the warmest water the fabric allows to further disinfect. Viruses hate heat.

**CLEAN AND DISINFECT:** Clean laundry baskets, carts and hampers as often as possible and use a bag liner, if available. Prior to and after loading the machine, wipe down and knobs, handles, light switches and other commonly touched surfaces you will interact with. Sanitize your hands afterwards with soap and water or alcohol-based hand sanitizer. **\*\*** Be sure to put cleaned laundry into clean baskets and clean laundry bags. Do not remove the laundry carts from the laundry room**\*\*** 

**OCCUPANCY LIMIT:** Please limit your time in the laundry rooms to loading and unloading for both washing and drying your laundry. We ask that you limit the number of people in the room to THREE at a time. Please wait for the other resident to exit before entering the room. This will allow all residents to use the rooms in a safe manner.

## THANK YOU FOR YOUR COOPERATION!